

BACKPACK BUDDIES FOOD DONATION SUGGESTIONS

(Please bring individual serving size containers so that children of any age can access them. Also, please avoid foods that require refrigeration.)

BREAKFAST ITEMS:

- Pop-Tarts
- Granola bars
- Individual boxes of cereal

FRUIT:

- Fruit cups
- Raisins
- JELL-O cups with fruit

MEALS:

- Beanee Weenees
- Vienna Sausages
- Noodle cups
- Peanut butter in small containers
- Slim Jims

SNACKS:

- Gummy/Fruit snacks
- Cheez-It crackers
- Pretzels
- Chex Mix
- Cheese crackers
- Peanut butter crackers
- Small bags of peanuts
- Chips of all types

DRINKS:

- Juice boxes
- Capri Sun
- Gatorade/Powerade
- Kool-Aid single mix
- Bottled water